

Our Advisers are experienced professionals who are trained to help you explore and plan your career interests, as well as giving practical advice and feedback regarding CVs, applications and interviews.

Advisers will help you with any career questions you may have, including:

- I don't know what I want to do. How do I decide?
- What are the options with my degree subject?
- I want to gain some work experience, but I don't know how / where to start.
- Is my CV up to scratch?
- How do I approach an employer/job vacancy/interview?
- I'm applying for opportunities but having no luck – how can I improve my chances?
- I'm interested in further study, but will it be worthwhile?
- I'm thinking of leaving / changing my course

Students typically require 2-3 clinic appointments over the course of a year – if you feel you need additional support, please speak to your Adviser.

An appointment takes the form of an informal, confidential chat, although you will be doing most of the talking. The Adviser's role is to listen to you and facilitate your discussion, rather than lead it. They will ask guiding questions to help you reflect and prioritise, explore ideas and possibilities, and take positive action.

During your appointment, an Adviser may:

- help draw out your priorities, values and expectations
- gently challenge your motivations
- encourage you to reflect on what you have done already



