





the importance of worship and right praise, who behind his back also holds a tankard of ale. A reminder of the Catholic teaching that all of Creation is at heart good, and that God gives us this to tend it and delight in it. Some of the best beers have been, and still are, brewed by monks!

So next time you have the opportunity, try to spend a little time in a garden, whether it is your own or a public garden, contemplate its beauty, have a beer - and Thanks be to God!

